



**Mastering The Magick Of Witchcraft**  
<http://www.masteringmagickwitchcraft.com>

**Rose Ariadne Blog**  
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## **The Power In Your Book Of Shadows (And Where To Find It)**

There is a big misconception these days about what a Book of Shadows actually is – and what it means to your Magick work.

Popular movies and T.V. shows have painted a picture of a Book of Shadows being something dark – and almost wicked. There is also a common belief (for some reason) that there is only one Book of Shadows.

The truth is, every Witch should have his/her own Book of Shadows, and keep their spells within. A Book of Shadows that is unique to YOU.

You see, your Book of Shadows will be the core of everything you do in Witchcraft. Think of it is a big diary of all of your Magick work, and even your daily struggles, goals, and dreams. It is good practice to make an entry every night before drifting off to sleep, and also to record all of your Magick workings.

You will record all of the spells and rituals you have learned, and you will also record the results of the spells. From herbs you use, to how you got your name, to your deepest feelings and emotions, to bits and pieces of Magickal advice you have received – everything should be recorded.

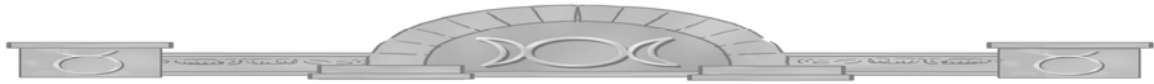
After a time, you will realize that your Book of Shadows will begin to take on a life of it's own, and will grow in power. It will actually begin to help you connect with Magick energy – just by having it near.

The actual Book of Shadows itself can be something as simple as a 3-ring binder or notebook. Some Witches even keep their Book of Shadows on their computer, and burn it onto a CD to back it up.

But I have found that by getting more creative, and making your Book of Shadows unique to you – it's power will increase dramatically.

Putting your own creativity into the creation of your Book of Shadows is one of the many “keys” to success in your new Magick path. Decorate the cover and pages with things that are symbolic to who you are as a person.





The more “emotion” you can build into your Book of Shadows, the more successful your spells will be. It will help to forge a tight bond between you and the Magick energies of the universe.

A simple way to “personalize” your Book of Shadows in this way is to follow these easy steps:

### **Step 1:**

You will need to get the following materials: a 3-ring binder, a 3 ft. length of batting, hot glue, regular glue, scissors, poster paper (thicker than normal paper, almost like thin cardboard), and a piece of fabric big enough to “cover” both the inside and outside of the binder.

### **Step 2:**

Make a trip down to your local Office store, and select a 3-ring binder that you feel good about. Pick your favorite color – one that resonates most with you.

### **Step 3:**

To get the fabric, batting and hot glue, you can go down to any local art store or fabric shop. Make sure to select a fabric that is something you’d want to have on the cover of your Book of Shadows. It should be something that speaks about who you are.

### **Step 4:**

Your next step is to open the binder and lay it on top of the batting. You want to trace the outline of the binder onto the batting (with a felt tipped marker).

### **Step 5:**

For the rest of the steps on finishing your book, so your Book Of Shadows Spells will draw more power, get the rest of this page here.

### **Step 6:**

After you are done marking the batting, you want to use your scissors to cut the batting around the outline you made.

### **Step 7:**





Next, you want to lay the open binder back onto the batting. Now, lift up one end of the binder and put hot glue around the outside edges. Then press the outside edge of the binder to the batting to attach it to the binder.

First do one cover, then the binding, and then the other cover.

In the end, the batting should be securely fastened to the binder, and should come to the exact ends of the binder covers.

The binder should open and close easily.

### **Step 8:**

You will now cover the binder and batting with the fabric that you selected. Lay the binder and batting covering on top of the piece of fabric. Make sure you select an area of the fabric that will give you the look that you want on the outside cover of your book of shadows. (In other words, position the binder onto the fabric so that the fabric will look how you want it to on the cover)

### **Step 9:**

Next, take your felt tipped marker and mark the fabric to 2 inches around the binder.

Using the scissors, cut the fabric around the lines that you marked. You should now have a piece of fabric the perfect size to cover the binder with (with your 2 inches of cushion around the edges).

### **Step 10:**

Next, lay the binder and batting cover it, on the fabric you cut out. Make sure you have an even 2 inches of fabric around the binder (lay the binder open).

Lift up one end of the binder and put hot glue around the edges of the batting.

### **Step 11:**

Now bring that end of the fabric up to the batting and pat it flush with the glue you placed on the batting. Gently rub the fabric smooth.

Do the same thing with the binding, and with the other cover of the binder.

When this step is complete, the fabric should be glued around the outside of the batting on your binder. You will still have the 2 inches of fabric around the binder hanging free. We will deal with that in step 6.





### **Step 12:**

Now lay the binder open on the table in front of you. Start with one of the edges of fabric and stretch it over the inside of the binder. Make sure it is taught.

Once you can see how far it will stretch, place hot glue on the inside edge of the binder and gently stretch, and rub the fabric over the glue so that it sticks.

Do this for each of the 4 edges of the open binder. In the end the 2-inches of fabric around the binder will be glued to the inside edges of the binder, but the corners of the fabric will still be up. We will deal with those in step 7.

### **Step 13:**

Next, clip each corner of the fabric with scissors so that it folds neatly over into the inside corner of the binder. Once it looks good, use the hot glue to stick it to the inside cover of the binder.

Repeat with each of the 4 corners.

You've now got a nicely covered (and cushioned) Book of Shadows. Your next step is to cover the inside of the covers so that they look nice.

### **Step 14:**

Cut your poster paper into 2 squares. Each square should be large enough to completely cover the inside of your binder.

Next, cut 2 pieces of fabric. Each one should be big enough to cover one side of the poster board pieces. You should have about 1 inch extra of fabric around each edge of the poster board.

Lay the poster board pieces on top of the fabric pieces you cut out. Gently fold over the edges of the fabric and use white glue to attach them along the edges of the poster board.

### **Step 15:**

Using scissors, trim the corners of the fabric, and gently fold them under (like you did for the binder corners), and use white glue to stick the corners neatly to the corners of the poster board pieces.

### **Step 16:**

Finally, place the covered poster board pieces with the fabric side facing up – down on the inside of the binder.





Use hot glue to glue the edges to the inside of the binder so that your insides are covered with the same fabric used to cover the outside of your Book of Shadows.

You are all done! Congratulations on your new Book of Shadows.

The secret now is to decorate the outside of your book of shadows with items, pictures, colors, and symbols that define and are special to you. Use things that create good emotions deep within you.

Creating your Book of Shadows in an image of yourself will allow you to draw maximum energy from your Book of Shadows when you do your Magick work.

All that is left is to get some 3 holed paper to place into your book of shadows, and you can begin writing your Magick work in it's pages.

Record your journey through the world of Magick, and also don't forget to try to use it as a Magick diary, recording your experiences in life each night before going to bed.

The more positive energy you put into the creation of your Book of Shadows, the more power you can draw from it when doing your spells and rituals.

In the Witchcraft Home Academy, there is a step by step guide on how to create a different kind of Book of Shadows. It is complete with full illustrations and pictures for every step of construction. It definitely looks more "mystical", but is still very easy to do. I also show you video demonstrations of exactly how to create your Book of Shadows – you can follow along with me step-by-step.

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