



Ask Rose Ariadne
<http://www.askroseariadne.com>

Wiccan Supplies - What They Are and Where to Get Them

Wiccans believe in the unified spiritual essence of the universe from which the Goddess and God emerged. Wicca is the way of life where there is a deep appreciation of nature, whether is a sunrise or sunset, the full moon or a waning moon, the tides, the ocean, the breezes, herbs and natural remedies.

We use our mind and channel our energies to become one with nature. Meditation on the love that surrounds us, our breath that sustains our life and the "chakras" or energy centers of our body are usually points of focus during our commune with nature. The five elements of nature which comprises of earth, air, fire, water and wood will essentially fulfill your demands for "wiccan supplies" in the highest sense.

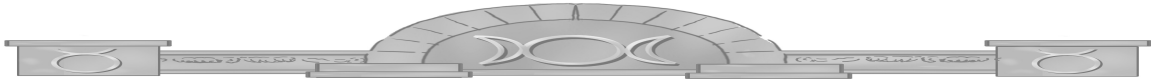
Sometimes, however, in our busy lives, it becomes difficult to concentrate or visualize on a particular goal because of all the disturbances around us. In such cases, we can use several things to help us achieve that focal intensity that we desire.

The following items are written in no particular order. You can choose the ones that you feel an attraction to, or those that "jump out at you" in order to fulfill your spiritual needs.

Or you may procure them on an as needed basis.

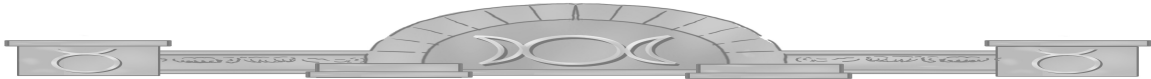
1. The Altar - This will be your personal space where you can keep your ritual tools as well as maintain a point of focus for your meditation and rituals. The left half of the altar is usually dedicated to the Goddess. The Cup, the Pentacle, Bell, Crystal, Cauldron and a bowl of water are kept there. An image of the Goddess or a white candle may be substituted.





2. Blank Book of Shadows - This is the most sacred and special tool of Witches. It records their personal journey to their newfound faith. It is a journal of their experiences, meditations, ritual, spells and initiation.
3. Broom – Although some may think of the broom as a relic of the past, it is a tool of importance to Wiccans. Ceremonies are performed in spiritually clean areas. This cleansing can be done using a broom. Also, the broom is used in certain rituals as part of the process.
4. Pentacle – Usually a flat disk made of metal or wood that has the pentagram inscribed on it. This can be used as a powerful tool for consecrating ritual objects and to ground stray energy in the surrounding area. Sometimes it is used as a protective device, hung over doors and windows to ward off negative energy.
5. Candles - Each candle is assumed to have various properties depending on its color, materials used to make it, as well as the shape it has. Sometimes, candles are anointed with sacred oil and used in spells and rituals. They are associated with fire and air. For some spells, an anointed candle is burnt through for the spell to take effect.
6. Anointing oils - These are usually herb based oils that have captivating aroma that mesmerizes and relaxes us while strengthening our focus on the ceremonies. Also, the anointing usually passes on our energy and the energy of the surroundings to a candle or other object by charging it.
7. Herbs - Herbs are used as incense during rituals and spells. Since each ritual or spell mentions specific herbs, its better to buy only when you are sure of what you need and how much you need. Also, herbs are used as part of natural remedies to safely cure ailments.
8. Incense burner - This is an essential item (along with charcoal) if you wish to use incense for your rituals and spells.
9. Robes - This way of life encourages people to be sky clad (nude), but on other occasions, it may be more practical to use robes. A comfortable, washable cotton robe, with the minimum of knots is recommended. Colors may be chosen according to personal preference.
10. Stones and Crystals – We believe that the colors of the crystals or gems as well as the vibrations they have are conducive to the accumulation of magickal energy. Each stone has its properties depending on the material and color as well as shape. Remember, stones have to be cleansed periodically according to their inherent properties.





11. Cauldron – This represents water and is usually made of black cast iron. This is considered a symbol of the Goddess, the manifested essence of fertility and femininity. It also represents the cycle of life.
12. Chalice – This is a cup that may hold sacred water or oil or may be used empty for certain rituals.
13. Athame - This is a ritual knife with a black hilt that may have carvings on the blade. This can be used to carve candles or sacred herbs. It is recommended that you buy this knife new rather than from thrift stores. Cleanse and consecrate it before use.
14. Bells – Sounds cause vibrations and bells are believed to help us to focus on the ceremonies and rituals. This is used to invoke the Goddess and also to ward off evil spirits.
15. Sword – This is a tool of command. Find one that is your choice of style and length as well as one that will easily fit in your hand and gives you positive energy when you hold it.
16. Wand or Staff - These preferably should be made of wood and also by the person who will be using them. You can use tree branches or dowels ornamented with stones, wooden beads, etc. Again, create ones what feels comfortable to you (no longer than your forearm) and from which you can receive positive energies by using it.

Tips on buying some of these tools:

Check out some of the thrift stores for most items that you can cleanse thoroughly before using. This includes most of the above except the Athame, the Sword and the Wand. For all others, check out the magick stores near your home or the online stores such as:

<http://www.wiccanway.com/>

<http://www.spellspot.com/>

<http://store.stormsong.org/>

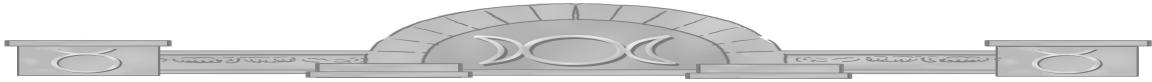
<http://store.sacredmists.com/whatsnew.html>

<http://www.13moons.com/>

<http://www.cybermoonemporium.com/>

<http://www.ladyhawkstreasures.com/>





<http://www.wiccanglade.com/>

<http://www.enchantedworks.com/>

Mastering The Magick Of Witchcraft

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