



**Ask Rose Ariadne**  
<http://www.askroseariadne.com>

## **Witchcraft Charms - What are they and how can they be made/used?**

In the early years of human existence, people had to constantly live in fear of natural and supernatural phenomena. Many of today's natural occurrences such as hurricanes, thunder, lightning, earthquakes and floods were all feared by people as they didn't know when these would occur and what caused them to occur. Thanks to current meteorological measurements and predictions, nature is not as fearsome as in the early days of Planet Earth.

Supernatural entities were also a source of uncertainty and anxiety for most human beings. The fact that these threats were not visible to the human eye added to the feeling of dread when they are out of their safe havens or when they traveled through jungles or unknown territories.

Wild animals were another source of fear for the early inhabitants of Earth. Although our ancestors feared many of these animals, they also admired some of them for their natural abilities. The Cheetah, for example is known for its speed while the Tiger is known for its fearsome growl and sharp teeth

People believed that if they can carry some of these animals' energy with them, they may be protected by the spirits of the animal. The items that people carried about with them in the belief that it would protect them came to be called Charms.

In the early days, most charms were made from animal parts. Teeth, claws, tail, skin, blood, etc were coveted for their primal energy that was believed to protect the wearer of





these charms. Sometimes, gemstones were also used as charms and carried on their body, mainly the wrists. These charms were known as amulets. Other ways of carrying charms or amulets were in small bags, as necklaces, head ornaments, around the waist or stitched into clothing.

Later, some of the religious symbols were used for protection. They were painted on rocks, sewn on clothes or etched on metal to make wearable jewelry. Charms are made by creating an object and then consecrating it in rituals. These rituals are believed to bless them with magical powers.

Here is a simple charm that anyone can make. Runes are sacred letters of an old Norse alphabet that are enigmatic symbols used not only for writing, but to tell fortunes, cast spells and provide protection.

Visit the site <http://www.pbs.org/wgbh/nova/vikings/runes.html>

Choose a rune from the list to the left of the page. Let's assume it is the one that looks like P (the one called Wunjo, which translates to comfort, joy or glory. (You may choose any of the letters of the Rune Alphabet)

Cut a small piece of white paper in the shape of a pentagon. On this paper, paint or draw the rune exactly as you see it written on the above webpage.

Now find some cardboard for the backing. Paste the white paper on the cardboard and cut off the excess cardboard. Make a hole at the top of the cardboard and get a piece of ribbon or string so that you can hang this charm in a special place.

If you would like to consecrate this charm, light a candle and some incense. Hold this charm with both hands over the incense and say thus:

I hereby consecrate thee with the powers of the earth, water, fire and air

To protect me from all harm and bless me with comfort, joy and glory.

May this charm serve me well in this world, between worlds and in all the worlds

So mote it be.





Similarly, you can make charms with natural items such as rocks, leaves, nuts, pebbles, gemstones, jewelry, dried herbs, flowers, etc. Natural items make the best charms because they already have powerful energy stored in them. We just need to guide this energy into the direction we desire it to go.

Charms provide people with comfort and peace of mind, knowing that they are protected from unfortunate circumstances. This belief may itself help them stave off harmful situations.

Most people use religious symbols as charms. Religious jewelry is very popular in all parts of the world. Some cultures use bags of different charms, sometimes called mojo bags. These bags may contain herbs, gemstone, animal parts as well as incense or oils. The combination of these items is believed to be more powerful than each of these items individually.

Another ancient charm is a necklace of prayer beads. The practice started thousands of years ago in pagan cultures and the beads were originally made with seeds and nuts from sacred trees like the Rudraksha or Sandalwood. This practice was later accepted by the newer religions such as Catholicism as Rosaries. Praying over these sacred necklaces imbues an individual's powerful energies into it over and over again. This type of charm is constantly being consecrated and is usually very powerful in its ability to protect the wearer from harm.

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